

THE HAMPTON ROADS ICEPLEX
PRESENTS...
THE 5th Annual Spring Fling
ISI TEAM COMPETITION
APRIL 25TH & 26TH (if needed), 2020

COMPETITION INFORMATION

WHERE: HAMPTON ROADS ICEPLEX,
SEND ENTRIES: 401 VILLAGE AVENUE, YORKTOWN, VA 23693
ATTN: Alynn Farmer
ENTRY DEADLINE: MARCH 25th, 2020

COMPETITION ENTRIES: Entries to the **SPRING FLING** must be received at the **Hampton Roads IcePlex by March 25th, 2020**. Late entries, if accepted, will pay double the fees. Entries will also be accepted by phone (757-877-7539) as long as they are accompanied by CREDIT CARD payment and are in by March 25th, 2020. No entries will be accepted unless accompanied by payment of entry fees.

LOCAL ACCOMMODATIONS: The Omni Hotel in Newport News (757) 873-6664, Towne Place Suites in Yorktown (757) 974-8884, Motel 6 in Newport News (757) 595-6336, Comfort Inn in Newport News (757) 249-0200, Hampton Inn in Newport News (757) 249-0001, Courtyard by Marriott (757) 874-9000, Hilton Garden Inn in Newport News (757) 947-1080 and Candlewood Suites, Yorktown (757) 952-1120.

AWARDS: Individual medals will be given for the first 5 places in each event. Team and rink trophies will be presented at the end of the competition.

VENDORS: Photos and videos available. Flowers and competition T-shirts will also be available.

MUSIC & REGISTRATION: Only CD-R will be accepted. CDs are to be labeled with the skater's name, age, event and side to be played. **Only 1 event per CD.**

THIS COMPETITION IS ENDORSED BY THE ICE SPORTS IDSTRY (ISI). ISI ENDORSEMENT NUMBER: 1-3790-2020 FOR FURTHER INFORMATION ON THIS COMPETITION, PLEASE CONTACT: ALYNN FARMER, COMPETITION DIRECTOR AT TEL: (757) 897-0898 (TEXT ONLY).

RULES, CONTACTS, SCHEDULING, ENTRY FORMS & FEES

Verification

The Team Coach must sign each entry form to verify the correctness of the information.

Spring Fling Eligibility Rules

The competition will be conducted in accordance with the guidelines contained in the most recent edition of the ISI Handbook. All coaches are responsible for making sure their competitors are aware of the performance rules as outlined in the ISI Handbook.

1. All skaters must be registered with the ISI and have individual membership. **A copy of the competition schedule will be faxed to I.S.I. NLT 3 weeks prior to the competition so that memberships and test levels for all skaters can be verified prior to the competition.** Skaters who are not members of ISI or who do not have the proper tests registered will not be allowed to compete until ISI membership/test registration is complete. All skaters must compete at a level no lower than their last passed and registered level, prior to March 25th, 2020. We reserve the right to limit the number of entries on a first-come, first-served basis.
2. Registration number and test level (competition level) must be entered in the appropriate places on the competition entry form. Such information must be verified by the Team Coach's signature at the bottom of the entry form. False information will result in disqualification.
3. **No backward arabesques during any warm-ups.** Make sure all of your competitors are aware of this rule, **PLEASE!**

Contacts

Any questions regarding 4th Annual Spring Fling ISI Team Competition should be directed toward the following individuals:

Alynn Farmer-Competition at (757) 897-0898 (text only please) or lessons@hriceplex.com

Schedule and Practice Ice

A tentative schedule will be available approximately 2 weeks after the entry deadline. Details regarding availability of practice ice and cost will be available with the tentative schedule 2 weeks after the entry deadline. Final schedule will be available 1 week prior to the competition.

Entry Forms and Fees:

*The entry fee is \$40.00 per skater for Tots through Delta events, \$50.00 per skater for Freestyle 1 through 10 and Open Bronze through Platinum (short and long programs). Each additional event is \$10.00 regardless of level. If there is more than 1 skater in a family competing the rate for the first event is \$35.00 and \$10.00 for each additional event regardless of level.

*Production and Synchronized Teams are \$50.00 per team plus \$10 per skater on the team.

*The entry fee is \$20.00 per skater doing **ONLY** the Stroking Event **OR** the Compulsory Event, regardless of level.

Turn in **completed (must include I.S.I. membership number)** entry forms to your team coach. Make checks payable to **ICEPLEX**. Entries must be received on or before March 25th, 2020. **Late entries, if accepted, will pay double the fee.** We reserve the right to limit the number of entries (first-come, first-served). All skaters must complete an entry form unless they are only participating in Production or Theater Team events.

Team coaches are responsible for completing team entries with name, DOB and ISI# for each skater on their team.

**ISI SPRING FLING ENTRY FORM
Individual Entry Form (all entries due by March 25th, 2020)**

Skater's Name _____ Male _____ Female _____

Address (include city, state, zip) _____

Home Telephone _____ ISI Membership Number _____ Pending ___ Exp. Date _____

Birth Date _____ Age as of April 25th, 2020 _____ USFS FS Test Level _____

Email: _____ Home Rink _____ City _____ State _____

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the last two years? YES _____ NO _____

Coach's Name _____ Coach's Phone Number _____

Coach's Email: _____ Coach's ISI # _____

All skaters must compete at the level they have passed by March 25th, 2020. Please indicate the event(s) and level the skater will entering.

Tots—Delta	Level: _____	Tots 1-4, Pre-Alpha, Beta, Gamma, Delta
Solo Compulsories	Level: _____	Tots—FS10
Freestyle 1-10	Level: _____	
Open Freestyle	Level: _____	(BRONZE – PLATINUM PLUS)
Open FS Short	Level: _____	Gold, Platinum
Artistic	Level: _____	FS 1-10 or BRONZE-PLATINUM PLUS
Rhythmic Skating	Level: _____	Prop: _____
Footwork	Level: _____	FS 1-10, BRONZE—PLATINUM PLUS
Dance	Level _____	Solo ___ Partner _____
Stroking	Level: _____	Pre-Alpha—FS 3
Interpretive	Level _____	Fs 1-10 or BRONZE—PLATINUM PLUS
Jump/Spin	Level: _____	Partner: _____
Couple Spotlight	Level: _____	Partner: _____
Spotlight	Level: _____	LE ___ CH ___ or DR _____
Spotlight Family	List family members: _____	

ENTRY FEES:

Stroking or Compulsories as Only Event	\$20.00 _____	RETURN BY MARCH 25TH TO: HAMPTON ROADS ICEPLEX ATTN: ALYNN FARMER 401 VILLAGE AVENUE YORKTOWN, VA 23693 PAY BY PHONE: 757-877-7539
First Entry (Tots—Delta)	\$40.00 _____	
First Entry (FS 1-10/Open)	\$50.00 _____	
Family Entry (per skater)	\$35.00 _____	
Additional Event(s) \$10 x _____ =	\$ _____	
Total All Events	\$ _____	

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Judges Entry Form

All coaches who have skaters participating in an I.S.I. competition are obligated to judge as volunteers.

Judge's Name _____ Team _____

Address _____

Email: _____ ISI #: _____

Phone number (including area code) _____

Have you passed the ISI Judges Exam? _____ If yes, what level? _____ Date passed _____

Recertification exam taken? _____ Date recertification exam passed _____

Have you previously judged an ISI competition? _____ Judge's membership number _____

When and where was the last time you judged an ISI competition? _____

Team points will be deducted for teams that do not supply judges or when judges do not fulfill their scheduled judging assignments. All coaches who have skaters entered in the competition are expected to serve as judges. If you don't want to judge or you are not certified you must pay \$25.00 to receive coaching credentials. Make checks payable to ISI. Absolutely no one without coaching credentials will be allowed at the rink entrance area.

RETURN BY MARCH 25TH TO:

**HAMPTON ROADS ICEPLEX
ATTN: ALYNN FARMER
401 VILLAGE AVENUE
YORKTOWN, VA 23693**

Individual Compulsories (FS3 and below on ½ ice, FS4 and above on whole ice)

All skaters will perform the compulsories listed for their level in any order. Additional maneuvers, such as any jump, spin, or gliding maneuver from a test level or any uncaptured move, are not allowed. Performance should meet the specifications of the test level. There is no penalty for the quantity of swizzles, wiggles, strokes or crossovers in the Tot—Beta levels. Only the quality of these maneuvers is judged. No music will be used for this event. A minimum number of connecting steps should be used.

Tots through FS3 will use half of the ice. FS4 and up will use the entire ice surface.

Tot 1- Proper way to fall. Proper way to get up. Marching while moving

Tot 2- Two-foot jump in place. Beginning two-foot glide. Single swizzle.

Tot 3- Push and glide stroking. Dip. Forward swizzle.

Tot 4- Backward swizzle. Backward wiggle. One-foot snowplow stop.

Pre-Alpha- One-foot glide (right). Forward swizzles. Backward swizzles.

Alpha- Right over left crossovers. Forward stroking. Snowplow stop.

Beta- Backward stroking. Right over left backward crossovers. Right foot T-stop.

Gamma- Right outside three turn. Left Mohawk combination. Hockey stop.

Delta- Right inside three turn. Forward inside edges. Bunny hop.

FS1- Backward inside edges. Inside forward pivot. Waltz jump.

FS2- FS2 dance step sequence. 1 foot spin. Jump sequence (waltz jump/tap toe jump/3-turn or Mohawk/1/2 flip).

FS3- Change foot spin. Salchow jump. FS3 dance step sequence.

FS4- Sit spin. Flip jump. FS4 dance step sequence.

FS5- FS5 dance step sequence. Camel-sit-upright spin. Lutz jump.

FS6- Choice of spin (Cross foot, Layback, sit-change-sit). Split jump. Double Salchow jump.

FS7 – Flying camel spin. FS7 footwork sequence. Double toe loop.

FS8- Circular dance step sequence. Camel-Jump-Camel Spin. Double loop jump.

FS9- Dance step sequence-straight line. Jump combination: Three jumps performed in exact sequence. Flying Camel spin into a Jump Sit spin.

FS10- Dance step sequence creative. Triple edge jump. Three Arabian cartwheels or Butterfly jumps (choice of one).

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Team Event Entered: (check 1--use separate form for each team)

Synchronized Skating Team

Ensemble Team (3-7 skaters)

Production Team circle one **Small Medium Large Theater**

Age Category (check

Tots (6 and under)

Junior Youth (8 and under)

Youth (9-11)

Senior Youth (12-14)

Teen (14-19)

Adult (20 and up)

Team Name: _____

Rink Name: _____

Name Age as of July 1st 2019/ISI #

Name Age as of July 1st 2019/ISI #

1.	17.
2.	18.
3.	19.
4.	20.
5.	21.
6.	22.
7.	23.
8.	24.
9.	25.
10.	26.
11.	27.
12.	28.
13.	29.
14.	30.
15.	31.
16.	32.

TEAM FEES: \$50.00 per team plus \$10.00 Entry fee per skater

Amount enclosed:

I declare that the above information is true and that all skaters have current ISI membership and appropriate tests registered with the ISI. I understand that all team members skate at their own risk and hereby release ISI and the Hampton Roads IcePlex and it's personnel from all liability. No refunds will be issued.

Coach's Signature _____ **Date** _____ **Telephone** _____

