

# Tot 1 - 4

A child who can walk well can be taught to ice skate. Very young children require special classes with instruction given in a fun, rather than a more formal atmosphere.

These tests are specifically designed for beginning skaters age 6 and under. Test maneuvers are broken down into smaller parts so they can be easily learned and mastered. Fun, along with easy success and accomplishments, are the keys to any Tot level class.



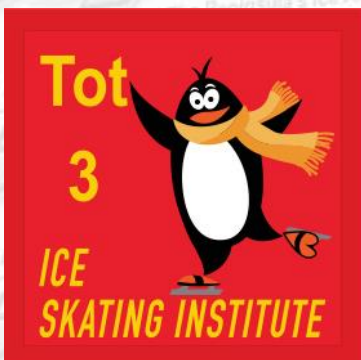
## Tot 1

Proper Way to Fall  
Proper Way to Get Up  
Marching in Standing Position  
Marching While Moving



## Tot 2

Two-Foot Jump in Place  
Forward Swizzle Standing Still  
Single Swizzle  
Beginning Two-Foot Glide



## Tot 3

Push and Glide Stroking  
Preparation for Snowplow Stop  
Dip  
Forward Swizzle



## Tot 4

T-Position and Push (Right And Left)  
Backward Swizzle  
Two-Foot or One-Foot Snowplow Stop  
Backward Wiggle